

ROADMAP TO A TRAUMA-INFORMED INVESTIGATION



Preparation & Planning

Understand the context, assess risks, and plan with trauma-informed principles.



Initial Engagement

Approach all parties with empathy, explain the process clearly, and ensure psychological safety.



Information Gathering

Conduct interviews and collect evidence with sensitivity to trauma triggers.



Analysis & Decision-Making

Evaluate findings objectively, considering the impact of trauma on memory and behavior.



Communication of Findings

Deliver outcomes respectfully, with support resources and clear rationale.

A trauma-informed investigation is essential to foster an environment of respect, understanding, and care. This approach centers the dignity and well-being of all participants, ensuring that each step is conducted with sensitivity to past experiences and mindful of potential triggers. By prioritizing these principles, investigations can minimize harm and support more equitable, compassionate outcomes.

